

HEADBAND WITH TENSION INDICATOR

ABSTRACT OF THE DISCLOSURE

A headband having a low stretch segment sized to fit around a wearer's head, and an elastic segment being smaller than the low stretch segment, and having a free end and an attached end, where the elastic segment is attached at its attached end with the low stretch segment. The headband also includes a tab portion having a first end and a second end, the first end of the tab portion being connected with the free end of the elastic portion, the second end of the tab portion configured to form a closed loop with the low stretch segment, around the wearer's head. The headband also includes visual indicator configured for monitoring the extended position of elastic segment and optionally a stop portion that is configured to engage against the elastic segment to limit its stretch. When having a stop portion, the tab portion also includes an indicator portion between its first end and the stop portion such that the indicator portion when visible indicates that the headband needs re-tightening; and when the indicator portion is not visible it indicates an adequate level of tension corresponding with delivering a pressure in the range higher than the venous pressure and lower than the capillary pressure to the forehead of the wearer.